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ASSIGNMENT BOOKLET A

CMH 1060

Community Health 1060: Section 1 Assignment and Section 2 Assignment

FOR STUDENT USE ONLY

Date Assignment Submitted:

Time Spent on Assignment:

(If label is missing or incorrect)

Student File Number:

Course Number:

FOR OFFICE USE ONLY

Assigned

Teacher:

Assignment

Grading:

Graded by:

Date Assignment Received:

**Student's Questions
and Comments**

Apply Course Label Here

Name

Address

Postal Code

*Please verify that preprinted label is for
correct course.***Teacher's Comments**

Teacher

INSTRUCTIONS FOR SUBMITTING THIS DISTANCE LEARNING ASSIGNMENT BOOKLET

When you are registered for distance learning courses, you are expected to regularly submit completed assignments for correction. Try to submit each section of assignments as soon as you complete it. Do not submit more than one Assignment Booklet in one subject at the same time. Before submitting your section assignments or your Assignment Booklet, please check the following:

- Are all the assignments completed? If not, explain why.
- Has your work been reread to ensure accuracy in spelling and details?
- Is the booklet cover filled out and the correct course label attached?

MAILING

1. Postage Regulations

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Send all letters in a separate envelope.

2. Postage Rates

Put your assignments or Assignment Booklet in an envelope and take it to the post office and have it weighed. Attach sufficient postage and seal the envelope. Assignment Booklets will travel faster if sufficient postage is used and if they are in large envelopes that do not exceed two centimetres in thickness.

FAXING

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2. All faxing costs are the responsibility of the sender.

E-MAILING

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CAREER & TECHNOLOGY STUDIES

ASSIGNMENT
BOOKLET A

Home Care 1
CMH 1060



Learning
Technologies
Branch

Alberta
LEARNING

FOR TEACHER'S USE ONLY

Summary

	Total Possible Marks	Your Mark
Section 1 Assignment	25	
Section 2 Assignment	35	
	60	

Teacher's Comments

Community Health 1060
Home Care 1
Assignment Booklet A
Section 1 Assignment and Section 2 Assignment
Learning Technologies Branch
ISBN 0-7741-1825-3

This document is intended for	
Students	✓
Teachers	✓
Administrators	
Home Instructors	
General Public	
Other	



You may find the following Internet sites useful:

- Alberta Learning, <http://www.learning.gov.ab.ca>
- Learning Technologies Branch, <http://www.learning.gov.ab.ca/lrb>
- Learning Resources Centre, <http://www.lrc.learning.gov.ab.ca>

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ASSIGNMENT BOOKLET A

COMMUNITY HEALTH 1060—HOME CARE 1

Your mark on this course will be determined by how well you do your assignments.

Work slowly and carefully. If you have difficulty, go back and review the appropriate section.

This Assignment Booklet is worth 60 marks out of 100 marks for the assignments. The value of each assignment is stated in the left margin.

Be sure to proofread each assignment carefully.

25

Section 1 Assignment: An Introduction to Home Care

Read all parts of your assignment carefully and record your answers in the appropriate places.

1. Following are three scenarios. Read them carefully, and for **each one** assess the impact that the illness or injury, and the resulting home-care experience, will have on the individual and the family.

5. a. Mrs. Anderson and her daughter, Sara, were driving to the shopping centre to pick up some last-minute things in preparation for a trip to Disneyland. As they entered the intersection, a car came sliding through the red light and hit them broadside. Mr. Anderson and the two sons of the family, Dean and Doug, received the call from the hospital. Mrs. Anderson had a fractured pelvis that required a cast, burns to her face from the air bag, and a bruised left shoulder. Sara had a severe whiplash, a fractured right humerus (the large bone in the upper arm), and numerous cuts to her face. Both are receiving treatment and will be okay. They will be sent home after 24 hours of observation and will need care at home.

(There is more room for your answers on the next page.)

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⑤

- b. The Johnsons were an ordinary middle-class couple who had raised their children and were preparing to retire in the next five years. When Fred Johnson went for his annual checkup with their family doctor, she did the usual tests, checked Fred over, and booked him for urine and blood tests, a chest X-ray, and an electrocardiogram. The following Monday, Fred got a call from his doctor's clinic asking him if he could stop in after work to see his doctor regarding his tests.

When Fred entered the office, his doctor said, “Fred, I’m afraid I don’t have great news. Your chest X-ray shows some lesions; I think we should perform a biopsy and begin treatment if necessary.” Further tests and the biopsy confirmed cancer of the right bronchus and right lung. Fred was given chemotherapy as conventional treatment and sent home. His life expectancy would be approximately six months. Fred’s wife, Mary, had always let her husband look after everything like arranging family finances; paying the bills; and looking after household repairs, car care, and yard maintenance.

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- c. Juan and Rosa were in their thirties and led a busy life with four young children. Both had full-time jobs. They had made a New Year's resolution to try to quit smoking together because they knew it wasn't healthy for them or for their children. So far their attempts at quitting hadn't been successful. Rosa knew she was at an especially high risk for problems because she was taking contraceptive pills. She had been complaining of a headache over the last four or five days, and she suffered the occasional dizzy spell. Juan urged her to make an appointment to see the doctor, but on Thursday, after sitting down after supper on the couch in the family room, she suddenly collapsed onto the floor. She was unconscious, and her breathing was laboured; the left side of her face was noticeably drooping. At the hospital, Rosa was diagnosed as having had a massive stroke.

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10

2. Imagine that you've been asked to explain to your class just what home care is. Prepare a short report that would explain what it is and how it functions. You needn't go into a great deal of detail in your report, but you must do the following:
- Describe the nature of home care.
 - Describe situations where home care is appropriate.
 - Identify a minimum of **five** roles of the primary caregiver.
 - Describe a minimum of **five** rights and **five** obligations of the primary caregiver.
 - Identify **four** or **five** community resources available to support families giving home care.
 - Explain the need for respite care and suggest how this care may be accomplished.

You may find it necessary to do some outside research in completing your report. If so, a good place to start would be your local community-health unit.

You may write your report in the space provided here, or you may do it on computer and attach the print-out, clearly and fully labelled, to this Assignment Booklet.

[illegible]

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35

Section 2 Assignment: Home Care—Getting Down to Business

Read all parts of your assignment carefully and record your answers in the appropriate places.

1. Imagine that your grandmother, who suffers from partial paralysis because of a stroke, is to come and live in your home as a home-care patient. Your grandmother can get around a little with help either from a caregiver or a walker, but she spends most of her time in bed.
 - a. In the space provided, draw a floor plan of her bedroom as you would set it up. Show the room arrangement, including furniture and any equipment you think is necessary, and, as much as possible, showing the relationship of the room to other parts of the home. Draw and label your plan neatly and clearly.

5

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(25)

2. You are to demonstrate how to carry out **five** basic procedures frequently carried out by people providing home care. You can submit your demonstrations in **one** of three ways.
- You can videotape yourself conducting the procedures, with the help of a friend or family member as required. If you choose this route, make sure your video production is clear and technically good. There should be a voice-over on the tape explaining what is going on as the procedures are being demonstrated. Submit your cassette, clearly and fully labelled, with this Assignment Booklet.
 - You can create photo essays—in other words, booklets containing photographs showing the sequence of steps involved in carrying out the procedures. If you choose this route, your photo essays should be neatly presented and logically arranged to show the correct sequence of steps involved. Each photo should be clearly labelled to indicate precisely what step is being demonstrated. Submit your photo-essay booklets, clearly and fully labelled, with this Assignment Booklet.
 - You can create a series of charts, neatly presented, logically organized, and fully labelled, clearly showing the sequence of steps involved in the procedures. Charts should contain both graphics, carefully drawn, and written descriptions of the processes being shown. Submit your charts, clearly and fully labelled, with this Assignment Booklet.

Whichever method you choose to demonstrate the processes, you must select and demonstrate **each** of the following:

- a. changing a dressing
- b. taking and recording a pulse rate
- c. taking and recording a body temperature with an oral thermometer
- d. turning a patient onto his or her side in bed
- e. transferring a patient from a bed to a chair